



Expressions



February 2024

1767 Island Highway, Colwood, B.C. V9B 1J1

\$1.00

ELECTIONS

February and March are election months at our Centre. We will be filling the following five Executive positions for the 2024/2025 term.

President - presides at all meetings of the Association and of the Board of Directors. The President is the Chief Executive Officer of the Association and supervises the other officers in the execution of their duties. To be eligible to run for President, a candidate must previously have been on the Board of Directors for one year.

1st Vice-President - conducts an annual review of policies and procedures, and must carry out the duties of the President in the President's absence.

2nd Vice-President - forms a membership committee and oversees their work.

Treasurer - keeps the Association's financial records. The Treasurer should ideally have bookkeeping/ accounting experience and understand financial issues and reporting.

Secretary - conducts the correspondence, keeps minutes of all meetings of the Association and Directors.

If you are interested in one of these positions or know someone who is, please contact a member of the Election Committee:

Pat Ford at 250-886-8729,
Jan Peever at 250-478-6462 or
Darlene Wright at 250-479-4546.

For additional information on a position's duties, please see the Election Board at the top of the main stairs.

General Meeting
Thursday, February 1
1:00 p.m.
Food Bank Day
All members are urged to attend

CENTRE CLOSURES

Monday, February 19
Family Day

Further information on making a nomination, meeting the candidates and voting is in this edition of Expressions, page 10, or please refer to the Election Board.

If you have an interest in sitting on the Board of Directors, please add your name to the list on the Elections Board. Directors will be selected by the new Executive following the Annual General Meeting on March 7, 2024.

55+ Activity Centre
OFFICE HOURS: MON-FRIDAY

8:30 a.m.- 3:30 p.m.

1767 Island Highway
Victoria, B.C. V9B 1J1
Tel: 250 474-8618

E-Mail addresses

President: jdfpresident@gmail.com

Expressions: jdfexpressions@live.ca

Web page: <http://jdfseniors.weebly.com>

JdF Walkers

Walks are 3-4 kms, mostly on easy terrain.

Registration in auditorium

Tuesday 9:15-9:35 am

Feb 06: G.G. from Lombard

Feb 13: Layritz Park

Feb 20: Pearson College Trail

Feb 27: Elk Lake



Bus is available only if 16 passengers are available. Car pooling will be available otherwise.

Bus leaves @ 9:45 am Bus cost \$2.75

For further information contact:

Janice Hilderman @ 250-294-2855

“MATINEE THEATRE”

Bus Group Outing

Saturday, April 27: McPherson Theatre

Anne of Green Gables

A musical by the Canadian College of Performing Arts

A captivating musical that tells the timeless story of Anne Shirley, one of Canada’s most beloved literary heroines. Engaging characters, delightful music and energetic dance.

Depart from Centre: 12:15 pm

Return approx. 5:15 pm

Cost: \$55 per person

Ticket sales at Reception start Feb 2, close Feb 16.

NOTE: Tickets must be purchased well in advance of the performance date to secure seats.

“Let’s Do It” Bus Trips

Wed, February 7th: Aviation Museum Tour

Lunch at Mary’s Bleue Moon Café

Depart 10:40 am Return approx. 3:30 pm

Cost: \$22.00 includes museum admission fee

Lunch not included

Wed, February 21st: Shop and Stroll Sidney

Lunch at the Riva Restaurant in Sidney

Depart 10:20 am Return approx. 4:00 pm

Cost: \$11.00 Lunch not included

Wed, March 13th: Mystery Tour

Enjoy the scenery and mystery

Depart: 10:00 am Return approx. 4:00 pm

Cost: \$15.00 Lunch not included

Wed, March 27th: Trip pending to Chemainus Theatre, awaiting booking and cost from theatre. “Hurry Hard” A curling comedy.

When Bill & Sandy’s marriage splits up, so does their curling team. Bill, Sandy & their friends must put aside their differences and come together to make a winning foursome at the big Regional Bonspiel.

Depart: 10:00 am Return approx. 5:45 pm

Cost will include Buffet, Show, Bus & Gratuities.

When booking has been confirmed by the theatre, the cost and tickets sales dates will be posted on the bulletin board and our website.

Purchase Tickets early to save disappointment.

For ticket availability, ask Reception staff

NOTE DIFFERENT DEPARTURE TIMES

SUNDAY DINNER

Sunday, February 25th: Crooked Goose

Bus Departs: 4:30 pm

Buy \$6.00 non-refundable bus ticket and sign up at Reception. Ticket sales close Friday, February 16th.

Valerie Mogck

valeriemogck@gmail.com

2023/2024 Executive

President: WSPR Kraft Groups	Pat Ford fford@telus.net
1st Vice President Policies & Procedures Entertainment	Evelyn Schumacher evelyn.schumacher@gmail.com
2nd Vice President Membership Dance Groups	Margaret Mercer marg-merc@outlook.com
Secretary: Language Groups Exercise Groups	Donna Selbee dselbee@gmail.com
Treasurer: Finance Art Groups	Darlene Wright darlwright@hotmail.com
Past President:	Vacant

2023/2024 Board of Directors

Debbie Abraham Games Groups	bingoleader@shaw.ca
Brian Leah Deck Safety and Security Maintenance	brisueleah5@gmail.com
David MacClelland Hobby Groups Music and Drama	davidmacclelland@gmail.com
Kathy Robertson Card Groups Kitchen	kathyrobertson1@hotmail.com
Linda Swain Learning Groups Reception Showcase	laptopsbylinda@shaw.ca
Ron White Bus Shop/Power Tools	ron.white@shaw.ca
Jean Vesey Space Allocation Inventory	bjvesey@shaw.ca

Committees 2023/2024

Entertainment	Marilyn Elbourne	250-478-6025
Finance	Darlene Wright	250-479-4546
Fundraising		
Reception	Linda Swain	250-812-7494
Policies	Evelyn Schumacher	250-391-1819
Safety & Security	Brian Leah	250-478-8427
Volunteer Management	Linda Cash	250-294-5801
Woodwork Shop	Jim O'Hare	250-478-4955

Important Contacts 2023/2024

Bingo	Debbie Abraham	250-507-4343
Bus Driver Coordinator	Mike Boutilier	250-589-0326
Bus Driver, Maintenance/Operations	Ron White Brian Leah	778-440-3997 250-478-8427
Decorating	Ruth Maa	250-217-7630
Donations-Bricks Wall		
Improvement Fund	Marillyn Corbett	250-514-6710
In Memory & Get Well	Pat Ford	250-478-4387
JdF Singers	Madeline Andrews	250-474-1660
Kitchen/Food Services	Evelyn Woodward	250-213-2005
Library	Ann Kilduff	250-478-0726
Newsletter Expressions	Charlotte Adams	250-589-3855
Ombudsman	Jan Peever	250-478-6462
Publicity Control - Inside	Kathy Robertson	250-391-7687
Showcase	Marylou Starkey	250-893-2050
Space Allocation	Jean Vesey	250-474 4401

**IF YOU'RE SICK STAY HOME
YOU'LL RECOVER SOONER**



**DON'T SHARE YOUR BUGS AND
YOUR FELLOW MEMBERS WILL
THANK YOU**

SPRING CRAFT FAIR

Pick up that Easter, Mother's Day, Father's Day or "Just Because" gift.

Please join us in the Lounge

When: Thursday, March 21st & Friday, March 22nd
10:00 am - 2:00 pm both days

Cards & Beads, Ceramics, Kreative Krafts and Quilting
will have their items for sale.



EVERYONE WELCOME

Please bring your family and friends.

Hope to see you!!!!

Carol Wright & Craft Fair Committee

ANN NIGHTINGALE PRESENTATION

Thursday, February 8, 1:00 pm

**Ann Nightingale from the
Rocky Point Bird Observatory
will provide an informative and
entertaining presentation on local birds.**



DO YOU WANT TO DANCE



Friday, February 9

7:00 pm - 10:00 pm

Doors open at 6:30 pm

\$5 admission at the door

Members and guests

With Fred Chester



EASTER FASHION PARADE



Thursday, March 28, 1:00 pm

Spring is just around the corner!

Show us your best Easter Bonnet or Easter Outfit

There will be prizes

Tea, Coffee & Sweets

HORSESHOES ANYONE?

Every Tuesday/Thursday 10 am - 12 noon

Starting April 16, 2024

Other dates/times possible if enough interest

To confirm **YOUR** interest contact:

Les Swain

(250) 361-5765 (text) or at tristarenv@shaw.ca



MOVIE

THE HUNDRED FOOT JOURNEY

Date: Saturday, February 10th

Time: 1:00 pm

Cost: \$3.00



Popcorn, coffee or tea included

Soft Drinks for sale

Hassan Kadam (Manish Dayal) is an extraordinarily talented and largely self-taught culinary novice. When he and his family are displaced from their native India and settle in a quaint French village, they decide to open an Indian eatery. However, Madame Mallory (Helen Mirren), the proprietress of an acclaimed restaurant just 100 feet away, strongly objects. War erupts between the two establishments, until Mallory recognizes Kadam's impressive epicurean gifts and takes him under her wing.

Comedy/Drama



WOULD YOU LIKE TO WIN SOME MONEY?

At the next General Meeting, a door prize will be drawn. A member number will be chosen from the 2023/2024 list of JDF Seniors members who are in good standing within the Society. To win the door prize, the member is required to be present at the General Meeting and on the member sign-in General Meeting list with their name and member number. If the door prize is not won, the prize would grow by \$20 for the next General Meeting. If there is no winner by the June General Meeting, the money will be returned to the JDF Seniors Treasurer.

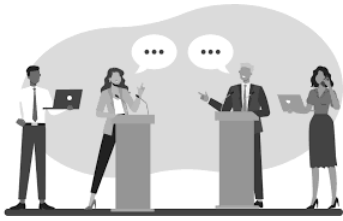
Randomly chosen numbers will not show the Member's name. Once the Member comes forward, verification will be required before the money is paid out.

Member #2523 would have won \$20 had they attended the last General Meeting held Thursday, January 4th, 2024!

The door prize for the next General Meeting scheduled for Thursday, February 1st will be \$40!! Will you be the winner?

EXPRESSIONS DEADLINE

All class leaders are welcome to submit articles for the Expressions about their class. The next edition will be for March 2024. The deadline for submissions to the March 2024 Expressions is February 16, 2024. If you have any questions, please call Charlotte Adams @ 250-589-3855 or email the Expressions team at jdfexpressions@live.ca. Please submit your article via this email address.



MEET THE CANDIDATES

Thursday, February 22nd

1:00 pm

Meet the Candidates for the upcoming Election of our Executive

This is an opportunity to meet the volunteers that will be working to keep our Centre running smoothly

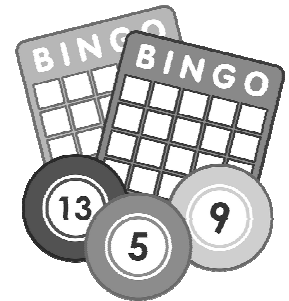
Please come out and support them.

Duties of Board Members will be outlined

BINGO

Bingo still needs volunteers in the following areas on Bingo Fridays:

- Calling
- Checking for correct Bingos
- Paying out winners
- Making and serving coffee



Shifts are from approximately 10:45 am - 3:15 pm. Volunteers would not have to work every week.

Please contact Debbie Abraham at bingoleader@shaw.ca or 250-507-4343.

BABY HATS

I have yarn and patterns to make baby hats for our newborns in our hospitals. No preemie ones please. Please leave hats at Reception with my name on them.

Thanks kindly,
Pat Ford 250-478-4387 fford@telus.net



REMEMBER TO USE OUR MEMBERSHIP NUMBER AT THE CO-OP FOR GAS

By getting your gas at the Co-op and using our membership number, you will be benefitting the Centre, as at the end of the year the Centre will receive a dividend cheque based on what has been spent on fuel for our bus and by the members who have purchased gas at the Co-op.

PLEASE USE MEMBERSHIP NUMBER **68956**



STAGE PLAYERS

The Stage Players are looking for new members! Do you want to be part of a little band of merrymakers? We have the place for you. If the thought of being onstage lights you up, join us. If you're a behind-the-scenes kind of person, we've got a place for you, too!



We're planning our spring production and need people to help out with costumes, props and backstage work.

If this sounds interesting to you,
please contact Jennifer Hoener at jlchoenere@gmail.com

It takes an enthusiastic troop of optimists to put on a show. Come join the fun!

FOOD BANK

Members are now able to drop off donations for our local Food Bank Monday to Friday. There are many in need in our community and your donations are always welcomed.

Please ensure all items are not beyond the best sell-by date.

50/50

Watch for 50/50 tickets sales on Bingo Fridays!

Just a friendly reminder - please do not enter your classroom until your allotted time as maintenance has to set up the room and they do not need you in their way, as well as for safety reasons. Also, please be kind to our maintenance people as they are there for us.

Thanks Kindly

PERSONAL PROPERTY

Just a reminder. Please take all personal property home with you when you leave the Centre. We cannot replace or repair personal property that is stolen or damaged, as our insurance policy does not cover possessions of our members, only items belonging to the Centre and listed on our inventory.

Executive

FEBRUARY BRIDGE SOCIAL



Saturday, February 17th

Cost: \$10

Tickets now on sale at Reception

Members only

Doors open at 3 pm, play commences at 4 pm

Cash bar non-alcoholic

Cash prizes



THURSDAY, FEBRUARY 15, 1:00 PM

We will be celebrating January and February Birthdays

Entertainment provided by The Jammers Group



SCENT-FREE

A gentle reminder that our Centre is a “Scent-Free” zone. Many of our members are allergic to some of the ingredients in various perfumes, body lotions, hair products, aftershave products, laundry products, etc. Some of these members have had to leave a class and/or the Centre because another member is wearing a strong-scented product. Please consider your fellow members and abstain from using these products while at our Centre.

ELECTION NOMINATION AND VOTING DATES

The Executive (President, 1st and 2nd Vice-Presidents, Secretary and Treasurer) are elected by the members.

The nomination period for these positions opens February 5, 2024 at 8:30 am and closes on February 16, 2024 at 3:00 pm. Nomination forms are available at Reception.

Be sure to attend the “Meet the Candidates” Session on Thursday, February 22, 2024 at 1:00 pm in the auditorium.

Voting times for the 2024/25 election are:

Thursday, February 29, 2024	8:30 - 11:00 am & 12:30 - 3:00 pm	6:30 - 7:30 pm
Friday, March 1, 2024	8:30 - 11:00 am & 12:30 - 3:00 pm	
Monday, March 4, 2024	8:30 - 11:00 am & 12:30 - 3:00 pm	6:30 - 7:30 pm
Tuesday, March 5, 2024	8:30 - 11:00 am & 12:30 - 3:00 pm	6:30 - 7:30 pm
Wednesday, March 6, 2024	8:30 - 11:00 am & 12:30 - 3:00 pm	6:30 - 7:30 pm

(NB: Last voting day is March 6, 2024)

As a member, be sure to cast your vote to elect your Executive.

Please remember, you must have your membership card to vote.

Announcement of the voting results will occur at the Annual General Meeting. If there were no nominations for a position during the nomination period, nominations from the floor will be called for at the Annual General meeting (AGM).

The AGM is Thursday, March 7, 2024 in the auditorium following our regular monthly meeting.

POLL WORKERS

We will need two people per shift to act as poll workers to screen for current memberships and take ballots on voting days. If you can help for two hours, please let Pat Ford know at 250-886-8729 or fford@telus.net. Thanking you in advance.



COFFEE KLATCH

Thursday, February 29, 1 pm

Here's a chance to relax,
visit with old friends & make new friends

While enjoying coffee, tea & sweets.

Everyone is welcome.



Thursday Afternoon Social
\$2.00
1:00 pm - Tea, Coffee, and a Goodie
It's a wonderful time to visit with friends

If you have a suggestion for Thursday afternoon entertainment please advise Marilyn Elbourne at elbournemarilyn@gmail.com

FEBRUARY 2024

01

GENERAL MEETING
FOOD BANK DAY

08

Ann Nightingale Presentation
 on Local Birds

15

Jammers Group Entertain
 Birthdays - January & February

22

Meet the Candidates
 for the upcoming Election

29

Coffee Klatch Social



January and February birthdays will be celebrated on February 15th.

Birthday Celebration Day

In your Birthday month, join us on our Thursday Birthday Celebration Day at 1:00 pm. Be sure to sign up in the “Birthday Book” at the door so we can acknowledge your special day. Enjoy a piece of birthday cake with others who are also celebrating their Birthday that month.

ST. PADDY'S DAY BRIDGE SOCIAL

Come and celebrate the Luck of the Irish on Saturday, March 16th, in the lounge.

Enjoy an Irish themed dinner and an evening of Social Bridge.

Doors open at 3 pm, play commences at 4 pm
Cash bar, non-alcoholic, and cash prizes
Prizes for the best costumes

Tickets go on sale on
Monday, February 5th
at Reception
\$10 each
Members only



REFUNDS FOR JANUARY BRIDGE SOCIAL

Due to weather conditions on January 13th, the scheduled Bridge Social was cancelled. Refunds are available at Reception.

Refunds not collected by Friday, February 16th will revert to the accounts of the JdF Seniors Centre.

Do You Want to Dance?

Friday, March 8th

7:00 pm - 10:00 pm

Doors open at 6:30 pm

\$5 admission at the door

Members and Guests Welcome

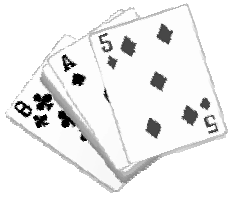


WINTER WEATHER

If you wake up to snow & ice assume the Centre could be closed.

Listen to CFX 1070 AM Radio, call the Senior Centre @ 250-474-8618 and wait for the message, or check our website before coming to the Centre.

If weather is really bad we are closed

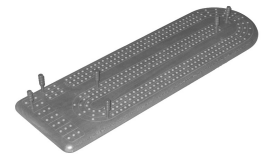


Crib Tournament

Friday February 16

7:00 p.m. \$5.00

Welcome to bring family
and friends



WINNERS FOR RAFFLE DRAW HELD DECEMBER 7, 2023



PRIZE	TICKET #	WINNER
QUILT	210	Betty Guiney
Gift Basket #1	509	Lorelie Wilson
Gift Basket #2	1684	Gail MCallem
Gift Basket #3	202	K. Goucher
Gift Basket #5	1272	John Cheney
Gift Basket #6	1783	Angela Wylie
Gift Basket #7	460	Kay Richard
Gift Basket #8	1837	Denise M
Gift Basket #9	754	Melanie
Gift Basket #10	2088	Cathy Schefield
Gift Basket #11	194	Gail Hambley
Gift Basket #12	2164	Karen Dawe
Gift Basket 13	471	Lori Wood

PRIZE	TICKET #	WINNER
Gift Basket 14	434	Tom Jameson
Gift Basket 15	19	Charlotte Adams
Give Basket 16	1928	Doug Drinkwater
Gift Basket 17	1432	Nicole Braun
Gift Basket 18	2300	Elaine Brody
Gift Basket 19	391	Lynne Johnstone
Gift Basket 20	2309	Roxanne
Gift Basket 21	2270	Debbie McDonald
Gift Basket 22	120	Steve Wootten
Gift Basket 23	872	Donna Stevens
Gift Basket 24	473	Dona Donovan
Gift Basket 25	2411	B Rhode
Gift Basket 26	553	Coleen Dwinell

Letters of greetings and thank you have been mailed to external donors. A list of donors was posted in the hall for well over a month. We also had member donors, too numerous to list, and I wouldn't want to miss anyone! Thank you, your generosity is much appreciated. Many classes built baskets, bought gift cards, added items needed to top up the smaller baskets. Thank you.

We couldn't have been as successful as we were without each and every donation. We are hoping you can convince your friends and fellow members to donate to make next year even better!

DINNER DANCE

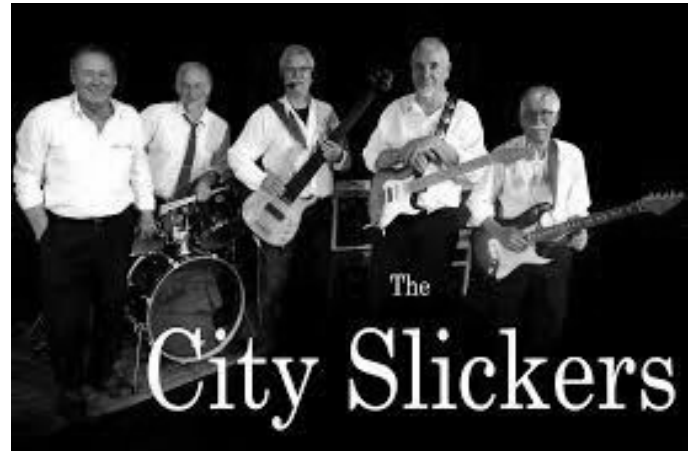
Saturday, February 24

Doors open: 5:30 pm

Dinner: 6:00 pm

Dance: 7:30 pm

Music by City Slickers



\$20.00

Tickets now on sale

Ticket sales close February 16th

BOW MAKING WITH MARLENE

Thursday, March 14, 1:00 pm

Learns some tricks to make easy and attractive bows.



DINNER DANCE

Saturday, March 23

Doors open: 5:30 pm

Dinner: 6:00 pm

Dance: 7:30 pm

Live Music TBA



Watch the Bulletin Board for Further Details & Menu

\$20.00

Tickets on sale March 4th

Ticket sales close March 15th

JUAN DE FUCA SINGERS

Thursday, March 21, 1:00 pm

Entertainment provided by JdF Singers

Birthday Celebration





BINGO

EVERYONE WELCOME

Bingo every Friday from 12:30 - 3:00 pm on days the Centre is open.

Come have fun and try your luck



DATES TO REMEMBER FOR FEBRUARY & MARCH 2024

Feb 01	General Meeting Food Bank Day	Thu 1:00 pm	Mar 07	General Meeting AGM Food Bank Day	Thu 1:00 pm
Feb 08	Ann Nightingale Presentation	Thu 1:00 pm	Mar 08	Do You Want to Dance?	Fri 7:00 pm
Feb 09	Do You Want to Dance	Fri 7:00 pm	Mar 14	Bow Making with Marlene	Thu 1:00 pm
Feb 10	Movie Afternoon 'One Hundred Foot Journey'	Sat 1:00 pm	Mar 15	Cribbage Tournament	Fri 7:00 pm
Feb 15	Jammers Entertain Birthday Celebration	Thu 1:00 pm	Mar 16	St. Paddy's Bridge Social	Sat 3:00 pm
Feb 16	Cribbage Tournament	Fri 7:00 pm	Mar 21	JdF Singers Birthday Celebration	Thu 1:00 pm
Feb 17	Bridge Social	Sat 3:00 pm	Mar 21	Spring Craft Fair	Thu 10:00 am - 2:00 pm
Feb 19	Centre closed - Family Day	All Day	Mar 22	Spring Craft Fair	Fri 10:00 am - 2:00 pm
Feb 22	Meet the Candidates	Thu 1:00 pm	Mar 23	Dinner Dance	Sat 5:30/6:00/7:30 pm
Feb 24	Dinner Dance Live music with City Slickers	Sat 5:30/6:00/7:30 pm	Mar 28	Easter Fashion Show Easter bonnet/outfit	Thu 1:00 pm
Feb 29	Coffee Klatch	Thu 1:00 pm			