



October 2023

1767 Island Highway, Colwood, B.C. V9B 1J1

\$1.00

PRESIDENT'S REPORT

Hello to everyone! Welcome to all our new members to the Centre. Hope everyone is enjoying their classes and welcome to the new leaders as well.

Covid is back so at this time I would like to say that if you are not feeling well due to cold/flu symptoms, please do not come to the Centre. There are several places on lock down already and we don't want our Senior Centre to be one of them. Thank you.

Well, we are getting ready for our yearly Craft Fair in November, so if you can spare time to volunteer please sign up for a shift or two in different areas. There will be a sign up sheet in the front hall for you to put your name down.

We will also be selling raffle tickets. The raffle is a great fundraiser for our Centre.

Enjoy this warm weather we are still having and I'll see you around the Centre.

Please Stay Healthy & Safe

Pat Ford

General Meeting

50/50 Draw

Food Bank Day

Thursday, Oct 5

1:00 p.m.

All members are urged to attend

CENTRE CLOSURES

Monday, October 9

Thanksgiving

WINTER WEATHER

If you wake up to snow & ice assume the Centre could be closed.

Listen to CFX 1070 AM Radio, call the Senior Centre @ 250-474-8618 and wait for the message, or check our website before coming to the Centre. If weather is really bad we are closed

55+ Activity Centre

OFFICE HOURS: MON-FRIDAY

8:30 a.m.- 3:30 p.m.

1767 Island Highway
Victoria, B.C. V9B 1J1
Tel: 250 474-8618

E-Mail addresses

President: jdfpresident@gmail.com

Expressions: jdfexpressions@live.ca

Web page: <http://jdfseniors.weebly.com>

JDF WALKERS

- Oct 03: Interurban Rail Trail
- Oct 10: Millstream Creek
- Oct 17: West Bay Walkway
- Oct 24: Galloping Goose/Wild Ridge Way
- Oct 31: Colwood Creek/Brittany Dr.

Walks are 3-4 kms, mostly on easy terrain.
Registration in auditorium
Tuesday 9:15-9:35 am

Bus is available only if 16 passengers are available. Car pooling will be available otherwise.

Bus leaves @ 9:45 am Bus cost \$2.75

For further information contact:

Janice Hilderman @

250-294-2855



SUNDAY DINNER

October 29th

Fireside Grill

Bus leaves at 4:30 pm

Tickets \$6.00 non refundable

Ticket sales end October 20th

There will be no dinners in November and December

Valerie Mogck

valeriemogck@gmail.com

“Let’s Do It” Bus Trips

Wed Oct 11th: Qualicum Shop and Stroll

Visit the Old School House Arts Centre as well as the many nice shops in the town of Qualicum.

Lunch at the Black Goose Inn in Parksville

Depart: 9:30 am, Return approx: 6:00 pm

Cost \$20.00 Lunch not included.

Wed Oct 18th: Chemainus Theatre: “The Fiancée” Farce and fast-paced romantic comedy

Lucy can’t bear the thought of soldiers being sent off to war without the hope of someone to come home to. Her inability to say “no” puts her in a serious predicament when they all arrive home on the same day, ready for nuptial bliss in this madcap, door slapping, hilarious farce, as Lucy tries to set things right, one cake at a time.

Depart: 10:00 am Return approx: 5:45 pm

Cost: \$116.00 incl. Buffet, Show, Bus and Gratuities

Tickets sales close October 3rd

Wed Nov 1st: Island Metal Arts in Cowichan Bay

See the beautiful metal Art Work in a private home.

Watch the Sea Lions on the docks of the Cowichan Bay Marina.

Lunch at the Cook and Butcher in Cowichan Bay

Depart 10:00 am, Return approx: 3:30 pm

Cost: \$15.00 Lunch not included

Wed Dec 6th: Chemainus Theatre: It’s a Wonderful Life Radio Play

Based on the beloved holiday movie with a clever twist. The story is staged as a live radio broadcast.

Actors portray numerous characters and take on sound effects. George Bailey, a generous and well meaning man, has become too downcast and tired to continue living. It will take help from a loveable angel to show George what life would be like if he wasn’t born and for George to have a change of heart and understand the true spirit of the holidays.

Depart: 10:00 am Return approx: 5:45 pm

Cost \$128.00 includes Buffet, Show, Bus & gratuities

Ticket sales close November 20th

Purchase Tickets early to save disappointment.

For ticket availability, ask Reception staff

NOTE DIFFERENT DEPARTURE TIMES

2023/2024 Executive

President: WSPR Kraft Groups	Pat Ford fford@telus.net
1st Vice President Policies & Procedures Entertainment	Evelyn Schumacher evelyn.schumacher@gmail.com
2nd Vice President Membership Dance Groups	Margaret Mercer marg-merc@outlook.com
Secretary: Language Groups Exercise Groups	Donna Selbee dselbee@gmail.com
Treasurer: Finance Art Groups	Darlene Wright darlwright@hotmail.com
Past President:	Vacant

2023/2024 Board of Directors

Debbie Abraham Games Groups	bingoleader@shaw.ca
Brian Leah Deck Safety and Security Maintenance	brisueleah5@gmail.com
David MacClelland Hobby Groups Music and Drama	davidmacclelland@gmail.com
Kathy Robertson Card Groups Kitchen	kathyrobertson1@hotmail.com
Linda Swain Learning Groups Reception Showcase	laptopsbylinda@shaw.ca
Ron White Bus Shop/Power Tools	ron.white@shaw.ca
Jean Vesey Space Allocation Inventory	bjvesey@shaw.ca

Committees 2023/2024

Entertainment	Marilyn Elbourne	250-478-6025
Finance	Darlene Wright	250-479-4546
Fundraising		
Reception	Linda Swain	250-812-7494
Policies	Evelyn Schumacher	250-391-1819
Safety & Security	Brian Leah	250-478-8427
Volunteer Management	Linda Cash	250-294-5801
Woodwork Shop	Jim O'Hare	250-478-4955

Important Contacts 2023/2024

Bingo	Debbie Abraham	250-507-4343
Bus Driver Coordinator	Mike Boutilier	250-589-0326
Bus Driver, Maintenance/Operations	Ron White Brian Leah	778-440-3997 250-478-8427
Decorating	Ruth Maa	250-217-7630
Donations-Bricks Wall		
Improvement Fund	Marillyn Corbett	250-514-6710
In Memory & Get Well	Pat Ford	250-478-4387
JdF Singers	Madeline Andrews	250-474-1660
Kitchen/Food Services	Evelyn Woodward	250-213-2005
Library	Ann Kilduff	250-478-0726
Newsletter Expressions	Charlotte Adams	250-589-3855
Ombudsman	Jan Peever	250-478-6462
Publicity Control - Inside	Kathy Robertson	250-391-7687
Showcase	Marylou Starkey	250-893-2050
Space Allocation	Jean Vesey	250-474 4401

LEADERS FOR CLASSES & ACTIVITIES

Do you have a skill or interest you could share with our members? Do you know someone that does?

If so, we are looking for additional Leaders for classes and activities. Step forward and offer our members new opportunities, enjoy sharing your passion and meet other members.

The time commitment is up to you. You can offer a year-long class/activity or commit to a set number of weeks. Whatever works for you and what you will be sharing. If you are interested, please talk to Jean Vesey at 250-474-4401. Jean is our space allocation person and will talk to you about what space would be appropriate, and the days and times it is available.

If you are interested, please talk to Linda Cash at 250-294-5801. Linda is our volunteer coordinator.

Once we know there are interested members and resources, you will be a Leader!

LIFE DRAWING

First Thursday of every month from 9:30 am - 11:30 am

Drop - in

Craft Room, Downstairs

Thursday, Oct 5, Nov 2, Dec 7, 2023

Thursday, Jan 4, Feb 1, Mar 7, 2024

This is a non-instruction class using a live clothed model. Bring any drawing materials or any other medium, appropriate paper, pads, canvas and your imagination!

Contact Ida Brown 778-677-2899 for more information.

DINNER DANCE

OKTOBERFEST

Saturday, October 28th



Live music by

One2many

From classic to modern rock, from blues to country, the '50s to present day

Doors Open: 5:30 pm

Dinner: 6:00 pm

Dancing: 7:30 pm

Tickets: \$20

Ticket sales close: Friday, October 20th



STAY HOME

The flu and cold season is now upon us. Cases of COVID are being reported.

Please respect your fellow members and yourself by staying home if you are ill.

If you're sick, stay home and you'll recover sooner.

Don't share your bugs and your fellow members will thank you.

A reminder that there are hand-cleaning stations throughout the Centre for your use.

We want all our members to stay healthy.



BABY HATS

I have lots of yarn and patterns for those wishing to make baby hats for the hospital. They love receiving them.

Pat Ford
fford@telus net
250-478-4387



EXPRESSIONS DEADLINE

All class leaders are welcome to submit articles for the Expressions about their class. The next edition will be for November 2023. The deadline for submissions to the November 2023 Expressions is October 20th, 2023. If you have any questions, please call Charlotte Adams @ 250-589-3855 or email the Expressions team at jdfexpressions@live.ca. Please submit your article via this email address.

DO YOU WANT TO DANCE

Friday, October 13th

7:00 pm - 10:00 pm

Doors open at 6:30 pm

\$5 admission at the door

Members and guests

Live Music by Jenny



JOIN STAGE WIZARDS!

Learn and apply the ins and outs of light, sound, and screen projection.

Whether you have a creative bent or a technical one, there is something for everyone.

We work closely with the Stage Players, and the Entertainment Committee to try and make everyone's dreams come true.

If you have a desire to learn new skills, satisfy creative urges, or improve your understanding of how the magic happens, please get in touch with us! Previous experience is a bonus, but not necessary.

Gord 250-881-2886 & David at davidmacclelland@gmail.com

REMEMBER TO USE OUR MEMBERSHIP NUMBER AT THE CO-OP FOR GAS

By getting your gas at the Co-op and using our membership number, you will be benefitting the Centre, as at the end of the year the Centre will receive a dividend cheque based on what has been spent on fuel for our bus and by the members who have purchased gas at the Co-op.

PLEASE USE MEMBERSHIP NUMBER **68956**



ANNUAL SILENT AUCTION

Our Annual Silent Auction is being held from October 10th to October 20th in the front hall.

There are over 15 items to bid on.



This is a great time to do some early Christmas shopping.

Thank you to all the members who donated gifts for the silent auction.

WATER COLOURS GET-TOGETHER

Wednesday morning Water Colours Get-Together is a group of enthusiastic painters who share ideas, encourage our weaknesses into strengths by way of discussion, and watch DVDs of artists who have a proven record in the art world.

We learn from what is available to us and from each other. Each week we start with a friendly but informative critique of our work.

At the moment, we are small in number and are looking for more members who have painted water colour before and who would like to share their knowledge and be part of our group.

Our new season starts on Wednesday, September 13, 2023 at 9:30 am.

If you would like more information please call Lesley 250-391-6984.



PERSONAL PROPERTY

Just a reminder. Please take all personal property home with you when you leave the Centre. We cannot replace or repair personal property that is stolen or damaged, as our insurance policy does not cover possessions of our members, only items belonging to the Centre and listed on our inventory.

Executive

MEMBERSHIPS 2023/2024

Membership fees were due September 1, 2023. Those who have not renewed, please do so the next time you come, as unfortunately, those unregistered cannot attend any classes without a current membership. Attendance at all classes at the Centre requires that your membership is current and has a current sticker. Class leaders are required to physically see your membership card when you first attend a class. Please ensure that you have your current membership card with you. Show it to your leader when requested to do so.

Thank you to all who have renewed and a big Welcome to our many new members.

Did you know your Membership Fees pay for the rental and maintenance of our wonderful building? Westshore Parks & Recreation own and manage the building, as well as providing maintenance staff to the Centre. The yearly membership fee is set by Westshore Parks & Recreation.

Honourary Members: An Honourary Member is a member who will reach the age of 90 years while in good standing, meaning they had to have been a paid-up member the previous year. In the current and ensuing years, an Honourary Member will no longer be required to pay the user fee/membership fee but will have all the privileges of an Ordinary Member including the right to vote at meetings (as per the Constitution and Bylaws).

That said, Honourary Members still need to register each year to have their membership cards updated with a current expiry sticker. Also, some of these members are being missed as they have not provided their birthdate for our records.

Those wishing to try out the Centre before committing to a membership can purchase a Trial Pass from Reception for \$25.00 for one month. This pass is non-renewable and cannot be applied against a full membership.

The Membership Team is still keeping very busy processing memberships as well as going through Class Attendance sheets to keep our records up to date. If a new printed Attendance Sheet is needed by the Leaders, we encourage you to put your request in through Reception for action by the Membership Team.

The Membership Team

SCENT-FREE

A gentle reminder that our Centre is a "Scent-Free" zone. Many of our members are allergic to some of the ingredients in various perfumes, body lotions, hair products, aftershave products, laundry products, etc. Some of these members have had to leave a class and/or the Centre because another member is wearing a strong-scented product. Please consider your fellow members and abstain from using these products while at our Centre.

CRAFT FAIR 2023

2023 MARKS 33 YEARS OF THE Juan de Fuca Seniors Craft Fair. This, along with the annual Christmas Raffle are major fundraisers for the year.

Mark your calendar! Come join us Saturday, November 4th and Sunday, November 5th from 9:00 am - 3:00 pm each day. **BRING CASH!** Sorry, we do not accept credit or debit cards.

We look forward to seeing you and your friends.

CALL FOR VOLUNTEERS!

The craft Fair benefits all members, not just those selling their wares! It takes many hands to make the Fair run smoothly and be profitable.

Here are some of the volunteers needed:

- Friday morning, November 3rd and Monday morning, November 6th, a volunteer with a truck to pick up and return the divider used between the auditorium and the lounge from the rental agency.
- Friday, November 3rd from 3 pm - 4 pm - help in setting up and dressing tables and bringing products up from downstairs.
- Sellers for raffle tickets in front hall. Shifts are between 9:00 am and 3:00 pm both Saturday and Sunday.
- Sellers for tickets inside the auditorium for the Craft Fair raffle. The tickets are only sold on site for the two days of the sale. Draw will be held on Sunday at about 2:45 pm.
- Floaters, relief and assistance for the auditorium from 9am - 3 pm in shifts.
- Lounge support to clean and reset tables Saturday and Sunday in shifts. Report to Evelyn Woodward.
- Sunday from 3 pm - 4 pm to pack up unsold items and remove table coverings.

The more volunteers we have, the shorter the shifts will be.

If you can help in any of these areas please contact:

CAROL WRIGHT: 250-479-2873

RUTH REYNOLDS: 250-388-9089

A volunteer sign up sheet will be posted by the door to the front Reception in early October.

VOLUNTEERS ARE THE BACKBONE OF OUR OPERATION.

Please know you are respected and appreciated. See you at the Craft Fair!

Thursday Afternoon Social
\$2.00
1:00 pm - Tea, Coffee, and a Goodie
It's a wonderful time to visit with friends

If you have a suggestion for Thursday afternoon entertainment please advise Marilyn Elbourne at elbournemarilyn@gmail.com

OCTOBER 2023

05

General Meeting
50/50 Draw
Food Bank Day

12

Trivia with John Stonehouse
Always a challenge but so much fun

19

JdF Singers
Birthday Celebration
Cake

26

Movie & Popcorn
"80 for Brady"



June, July, August & September Birthdays

Birthday Celebration Day

In your Birthday month, join us on our Thursday Birthday Celebration Day at 1:00 pm. Be sure to sign up in the "Birthday Book" at the door so we can acknowledge your special day. Enjoy a piece of birthday cake with others who are also celebrating their Birthday that month.

THE GREAT BRITISH COLUMBIA SHAKEOUT

This will be held across BC on Thursday October 19th at 10:19 am.

British Columbia is considered a high earthquake risk area.

It is an opportunity to practice how to be safe during big earthquakes. “Drop, Cover and Hold on”.

This is also a time to review and update emergency preparedness plans and supplies.



WANTED

The Bus Committee is looking for someone to book Let's Do It Local Theatre Shows. This was a very popular event in past years.

There are many wonderful productions put on by several great school Theatre Groups, the St. Luke's Players, and at Mary Winspear Centre, The Royal and MacPherson Theatres.

If interested, contact Ron at ron.white@shaw.ca or Rita Perren at 250-478-5340

The Bus Committee is also looking for Bus Drivers. Drivers must have a Class 4 Licence.

Contact Brian Leah at brisueleah5@gmail.com



CHRISTMAS RAFFLE

The Raffle Committee would like to remind everyone who has committed to donating non-perishable items and or baskets to please submit them to Ruth Reynolds, preferably on a Tuesday. All donations need to be received by Tuesday, October 24th.

For perishable items, please bring them in Monday, December 4th or Tuesday, December 5th.

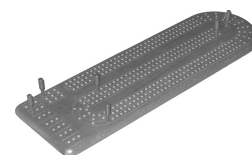


Crib Tournament

Friday, October 20th

7:00 pm \$5.00

Welcome to bring family
and friends



JdF REMEMBRANCE DAY

“Lest We Forget”



Thursday, November 9th

1:00 pm



JdF Remembrance Ceremony

**We remember and honour the sacrifices and achievements of
all those who served over the years.**

Veterans - please proudly wear your uniform

Tea, coffee and sweets will be served

GREATER VICTORIA POLICE CHORUS

Saturday, October 14th

2:00 pm

Tickets: \$20

Tickets now on sale

Guests are welcome

Light refreshments included

Come and enjoy an afternoon of familiar and favourite songs.

Rock 'n Roll, Country and Western, Spirituals, Golden Oldies and more.



CHRISTMAS PROGRAM

Thursday, December 14th @ 1:00 pm

We are planning for a special Christmas program on December 14th.

Christmas music and sing-along with our Juan de Fuca Singers

& other special acts.

Interested performers can contact Marilyn Elbourne at elbournemarilyn@gmail.com

Birthday Celebration with Birthday Cake, Tea & Coffee

COLLECTIONS

Calling all Collectors!

Do you have a Favourite Collection to share with us?

On Thursday, November 23rd at 1:00 pm there will be a display of our members' collections.

Stamps, coffee mugs, teddy bears, baseball caps, pins, postcards, autographs, golf balls, or maybe you are a plangonologist - whatever your collection, we want to see it.

To have your interesting collection displayed contact
Marlene Benoit at benoitmm@telus.net or 250-915-1691





BINGO

EVERYONE WELCOME

Bingo every Friday from 12:30 - 3:00 pm on days the Centre is open.

Come have fun and try your luck



DATES TO REMEMBER FOR OCTOBER & NOVEMBER 2023

Oct 5	General Meeting Food Bank Day 50/50 Draw	Thu 1:00 pm	Nov 2	General Meeting Food Bank Day 50/50 Draw	Thu 1:00 pm
Oct 9	Thanksgiving Centre Closed	Monday All Day	Nov 4	Craft Fair	Sat 9 am - 3 pm
Oct 12	Trivia with John Stonehouse	Thu 1:00 pm	Nov 5	Craft Fair	Sun 9 am - 3 pm
Oct 13	Do You Want to Dance? Music by Jenny	Fri 7:00 pm	Nov 9	Remembrance Day Program	Thu 1:00 pm
Oct 14	Police Chorus	Sat 2:00 pm	Nov 10	Do You Want to Dance?	Fri 7:00 pm
Oct 19	JdF Singers Birthday Celebration	Thu 1:00 pm	Nov 16	Hawaiian Dancers Birthday Celebration	Thu 1:00 pm
Oct 20	Cribbage Tournament	Fri 7:00 pm	Nov 17	Cribbage Tournament	Fri 7:00 pm
Oct 21	Bridge Social	Sat 3:00 pm	Nov 23	Collections Display	Thu 1:00 pm
Oct 26	Movie 80 for Brady	Thu 1:00 pm	Nov 30	Sing-along with Fred Chester	Thu 1:00 pm
Oct 28	Dinner Dance Oktoberfest	Sat 5:30/6:00/ 7:30 pm			